

# Right Care, Right Place, Right Time: Choosing Types of Health Care



## DOCTOR'S OFFICE

Doctor's offices (primary-care clinics) are the **first step** for medical care and advice.

They provide:

- Treatment when you are sick with illnesses like severe colds, the flu, sore throat and earache
- Treatment for chronic conditions like arthritis, diabetes, COPD and heart disease
- Access to laboratory and X-ray tests
- Physicals, including gynecology
- Vaccinations
- Treatment of minor injuries, including stitches
- Minor procedures

### HOURS

All locations are open from 8 a.m. to 5 p.m. Monday through Friday.



## QUICK CARE

Like a doctor's office, Great River QuickCare offers diagnosis and treatment of **sudden illnesses**.

QuickCare provides:

- Treatment when you are sick with illnesses like severe colds, the flu, sore throat and earache
- Mononucleosis, pregnancy and rapid strep tests, and urinalysis
- Camp and sports physicals

The walk-in clinic is for patients 18 months and older who don't have a primary-care provider or those needing extended office hours. It can help patients get follow-up care at a doctor's office.

### HOURS

8 a.m. to 7 p.m. Monday through Friday  
9 a.m. to 4 p.m. Saturday and Sunday

### LOCATION

Suite 101, 624 S. Roosevelt Ave., Burlington  
319-768-4320



## EMERGENCY ROOM

Emergency rooms handle **serious illnesses and injuries**, such as:

- Deep cuts
- Heart attack symptoms – chest pain, pain in jaw or arm or sudden weakness, dizziness or sweating
- Severe breathing problems
- Stroke symptoms – sudden numbness, slurred speech, severe headache or weakness on one side of the body or face
- Sudden confusion or disorientation

**HOURS** Always open

### LOCATION

1221 S. Gear Ave., West Burlington  
319-768-1000



## 911

Ambulance crews begin treatment at the scene and continue on their way to the emergency room. 911 is for **critical situations**, such as:

- Accidents with major injuries or bleeding
- Gunshot or other violence
- Heart attack symptoms – chest pain, pain in jaw or arm or sudden weakness, dizziness or sweating
- Labored breathing or no breathing
- Stroke symptoms – sudden numbness, slurred speech, severe headache or weakness on one side of the body or face
- Sudden collapse without getting better
- Unconsciousness

**When you call 911, be ready to tell:**

- Location of the emergency, including the address
- Telephone number you are calling from
- What the emergency is
- Details about the emergency, such as a description of injuries or symptoms

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**FIND A LOCATION**

Visit [www.GreatRiverMedical.org](http://www.GreatRiverMedical.org)

Specialists, hospitals, outpatient centers, home health and nursing centers are not listed above.

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